AT THE TABLE OR ON THE MENU?

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Submitting Questions and Comments

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Learning Objectives

Participants will be able to:

- 1. Identify the key partners needed at their table to successfully increase the reach and sustainability of their rural community coalition.
- 2. Identify the strengths and unique contributions traditional and non-traditional partners may make to successful initiatives.
- 3. Identify the potential challenges involved in recruiting coalition members as well as strategies for overcoming the challenges and engaging new partners.
- 4. Identify strategies for retaining coalition members.



Carlos Alcaraz, MPA

- Professional Background
 - Technical Expert Lead, JBS International, 2017-Present
 - CEO, private behavioral health consulting firm
 - Clinical Director, community-based behavioral health center
- Recent Experience
 - TEL providing technical assistance to:
 - Health Resources and Services Administration (HRSA)-funded Rural Communities Opioid Response Program (RCORP)-Planning grantees
 - Department of Justice Office for Victims of Crime grantees
- Special Expertise
 - Evidence-based substance use disorder/trauma treatment and recovery
 - Behavioral health and integrated care technical assistance



Donald McDonald, MSW

- Professional Background
 - Technical Expert Lead, JBS International, 2019-Present
 - National Field Director, Faces & Voices of Recovery 2018-2019
 - Executive Director, Addiction Professionals of North Carolina, 2017-2018
 - Director of Advocacy & Education, Recovery Communities of North Carolina, 2016-2018
 - 14 years sustained recovery from mental & substance use disorders
 - Navy Veteran, Public Educator, Clinician, Peer Recovery Coach
- Recent Experience
 - Provided TA to rural & underserved communities with Substance Abuse and Mental Health Services Administration (SAMHSA)
 - Mobilized recovery communities to create Recovery Community Centers with SAMHSA
- Special Expertise
 - Stigma Elimination
 - Peer-Based Recovery Support Services Development & Integration
 - Coalescing Prevention, Harm Reduction, Treatment, and Recovery Professionals & Communities
 - Public policy



Elisha Figueroa, LMSW, CPS

- Professional Background
 - Technical Expert Lead, JBS International, 2017-present
 - Directed Idaho's Office of Drug Policy, 2012-2017
 - Chaired Idaho's Prescription Drug Abuse Workgroup, 2012-2017
 - Led Naloxone accessibility law
 - Spearheaded Prescription Drug Monitoring Program (PDMP) registration law
 - Built & chaired state-level multi-sector consortia on prescription drugs/opioids, underage drinking, marijuana
- Recent Experience
 - Provided TA to RCORP-Planning I, II, and III grantees and RCORP-Implementation I and II grantees in 15 states
 - Provided TA to 26 states SAMHSA grantees
- Special Expertise
 - Needs assessment and strategic planning
 - Partnership development/consortium building
 - Public policy
 - Substance abuse prevention/state and local prevention initiatives



IDENTIFICATION STRATEGIES



Consortia Are Key Factors



https://www.precious-trial.eu/the-group/consortium/ owns this photo. PRECIOUS Consortium, Kick-Off Meeting



Strengths of Consortia

- Each member brings unique experience and expertise.
- Each member influences a different sector/sphere.
- Inclusion of individuals with lived experience is vital.
 - "Nothing about us without us."







Sector Partners Traditionally Involved in These Efforts

- Government Agencies
- Health Insurance/Medicaid Representatives
- Law Enforcement/Corrections/Prosecutors
- Coroner/Medical Examiner
- Public Health Department
- Community Health Centers
- Fire and EMS; First Responders
- Child Welfare Agencies
- Medical Society/Prescribers
- Corrections/Jail
- SUD Treatment Providers
- Health Care Providers
- Pharmacists/Dispenser
- Family/Friends/Individuals Experiencing or Recovering from Addiction/Co-Occurring Disorders
- Recovery Support
- Political Leaders
- Faith-Based Leaders
- Schools/Colleges/Universities
- Employers/Business/Vocational Assistance Organizations
- Media



Forgotten Sectors, But With Unique Knowledge

- Neighborhood Organizations
- Senior Centers
- Telehealth
- Department of Agriculture
- Department of Transportation
- Human Resources Staff
- Broadband Providers
- Adult Protective Services
- Area Agency on Aging
- Civic Organizations
- Youth



Who Should You Invite to Your Table?

- Who can help you accomplish your goals and objectives?
- Where are your gaps and who could help fill those?
- What skill sets do you need?
- Who in your community has influence or credibility?
- Who is affected by the problem?



RECRUITMENT STRATEGIES



Challenges to Rural Recruitment

Role Uncertainty

Availability and Access

Accessing Practical Expertise



Challenge: Role Uncertainty

- At face value, impacting the opioid crisis may not appear to be within the purview of some stakeholders.
 - E.g., veterinarians
- The significance or potential impact of stakeholder participation may be a mystery or misunderstood.



Strategy: Shape Roles Through Info Dissemination

- Develop and Disseminate "Did You Knows!"
 - Brief information tools to inform desired members/stakeholders of the role that their sector, or profession, plays in combating the opioid epidemic across the country



Strategy: Role Definition Via Sector-Specific Dialogue

- Engage stakeholders in one-on-one dialogues
 - Understand their experiences and perspectives
- Begin meetings with "Sector Stations"
 - Sector- or profession-specific seating arrangement
 - Discuss stakeholders' perspectives of their role within the context of combating the opioid issue
 - Sample starter questions:
 - How is your organization working on this problem?
 - What other organizations have you partnered with?
 - What you have found effective in working on this problem?
 - What skill sets do you bring as a potential coalition member/key stakeholder?



"Sector Stations" (cont.)

- Use stations to assess level of interest
 - Adjust continued outreach and engagement:
 - Increased effort and customized messaging to less interested but essential stakeholders
 - Messaging in alignment with their interest/WIIFM



Challenge: Availability and Access

- Key decision-makers are often busy...but in rural communities, *they are also FEW*.
 - Agencies and orgs. are typically much smaller than their urban-based counterparts.
 - E.g., Sheriff's Department



Challenge: Availability and Access

- Geography
 - Depending on the definition you use,
 between 74%-95% of U.S. land is rural.
 - Consortia often cover large areas and long distances.
 - In some areas, rural is actually *FRONTIER*, making accessibility challenging.



Strategy: Availability Solutions

- Take your show on the road!
 - Rotate consortium meetings
 - Increases buy-in
 - Increases knowledge and exposure to local conditions and resources
- Grab a cup of joe!
 - Individual meetings/briefings
- Maximize use of technology
 - Encourage and embrace teleconnections
 - Develop capacity among stakeholders



Challenge: Accessing Practical Expertise

- Wealth of information and resources, but:
 - Toolkits and other available resources can lack key contextual information.
 - Standardized tools may not address the nuances and intricacies associated with individual rural communities,
 - It can be challenging to fully understand the "How" when resources often focus on the "What".



Strategy: Peer-to-Peer Support

- Identify your "sister" community(ies):
 - Similar features
 - Addressing similar health issues
- Develop a collaborative sharing and solutionseeking network
 - Share:
 - Information, ideas, and lessons learned
 - Successes and challenges
 - Be curious...get into the details!



Progress, Purpose, & Politeness

RETENTION STRATEGIES



Retention Strategies

- Progress
 - Are we there yet? Are we there yet? Are we there yet? Are we there yet?



Retention Strategies

- Purpose
 - Why are we here? Do I make a difference?

Give them work. Let them work. Value their work.



Retention Strategies

- Politeness
 - R. E. S. P. E. C. T. Find out what it means me.



Summary

- Building a consortium is a key factor in triumphing over the opioid epidemic.
- Explore the various sectors in your community to maximize sustainability.
- Identify the challenges you may encounter in rural recruitment and strategize how to overcome them.
- Develop crucial retention strategies for your consortium to increase the outreach in your community.





Questions and Comments?



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THANK YOU!

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